



# ASBCE

THE OFFICIAL NEWSLETTER OF THE ALABAMA  
STATE BOARD OF CHIROPRACTIC EXAMINERS

126 Chilton Place, Clanton, Alabama, 35045  
Phone number 1-800-949-5838 or 1-205-755-8000  
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Newsletter April 2018  
Volume 18, Issue 2

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## Presidential Message

### Dear Colleagues and Clinic Owners:

I hope this newsletter finds each of you doing well. Each year the face of our Board seems to change as elections roll around. In the election just completed in December, Dr. John Neill won re-election to the ASBCE for a second term from District 5. Dr. Brian Wells returns to the Board as he won the District 3 election. Dr. Wells will be serving his 12<sup>th</sup> year on the Board and brings a wealth of knowledge and experience with him. We wish both the doctors well and look forward to their dedicated service.

One area the Board is working to streamline is our Preceptor program. While our primary concern is public protection, we do want to try and make the process more "user friendly". Oftentimes, the application pro-

cess can be slowed down for various reasons, but often due to background checks not being completed. Sometimes this delay is due to the applicant and sometimes it is due to backlog at the State. To that extent we are working on a two-tier program that will allow externs to begin working with their approved Preceptor doctor in an assistant and/or business support role, excluding examination, diagnosis, and adjusting while the background check is completed. This would be Tier 2. Once all necessary paperwork is completed and background check is satisfactory then the extern would move to Tier 1 allowing for examination, diagnosis, and adjusting.

As a reminder there can only be one extern to one doctor. Remember that

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## REMINDER

**If you have not yet obtained your required chiropractic continuing education hours for the upcoming renewal, please visit the new Seminar Search on the Board's website to find available approved seminars. The renewal process is much easier if you don't wait until September to obtain these hours and submit them to the Board. (18 hours are required for renewal each year with part of those in Alabama Law) Also, if you have purchased your Alabama Section 136 Business (privilege) License for the year 2017-18 you may email a copy to [ashley.stewart@chiro.alabama.gov](mailto:ashley.stewart@chiro.alabama.gov) or fax it to the Board Office at 205-755-0081.**

# Online Seminars

The Seminars listed below have been approved by the Alabama Board for CCE

**ChiroCredit** offers the following ONLINE courses until December 2018. For information contact Paul Powers at 1-860-463-9003.

1. "ACCREDITED TRAINING FOR THE NATIONAL REGISTRY OF CERTIFIED MEDICAL EXAMINERS 301"
2. "ALABAMA CHIROPRACTIC LAW 201"
3. "ALABAMA CHIROPRACTIC LAW 201-202"
4. "ATHLETIC TIPS CERTIFICATION SEMINAR"
5. "DOCUMENTATION 173-174"
6. "NEUROLOGY 126-127"
7. "NUTRITION 145-146"
8. "PHYSICAL THERAPY 101"
9. "RISK 131-133"
10. "WOMEN'S HEALTH 201"

**Cleveland University-Kansas City** offers the following ONLINE courses until December 2018. For information contact Christina Brillante at 1-631-241-6717.

1. "BIOMECHANICS, NEUROLOGY OF THE CHIROPRACTIC SPINAL ADJUSTMENT & DOCUMENTATION"
2. "PRIMARY SPINE CARE 2"
3. "STROKE ANATOMY & EVALUATION FOR CHIROPRACTORS & MANUAL MEDICAL SPECIALISTS"

**Data Trace Publishing** offers the following ONLINE courses until December 2018. For information contact Rachel Miller at 1-410-494-4994.

1. "DC TRACTS VOLUME 28 ISSUE 1: BEST PRACTICES FOR SUCCESSFUL OUTCOMES"
2. "DC TRACTS VOLUME 28 ISSUE 2: MUSCULOSKELETAL ULTRASOUND AND ITS APPLICATIONS"

**DChours.com** offers the following ONLINE courses until September 2018. For information contact Debbie Brendler at 1-800-811-0269 or click [DChours.com](http://DChours.com)

1. "ALABAMA BOARD RULES AND REGULATIONS 2 HOURS"
2. "AN INTRO TO COMMUNICABLE DISEASES"
3. "BASIC CASE MANAGEMENT"
4. "BASIC MRI PART 1"
5. "BASIC MRI PART 2"
6. "BASIC MRI PART 3"
7. "CERVICOGENIC HEADACHES"
8. "CHIROPRACTIC ETHICS"
9. "COMMUNICABLE DISEASES/OSHA STANDARDS"
10. "CONDITIONS OF THE DISK PART 1"
11. "CONDITIONS OF THE DISK PART 2"
12. "CONDITIONS OF THE DISK PART 3"
13. "DOCUMENTATION"
14. "FUNCTION BASED CARE PART 1"
15. "FUNCTION BASED CARE PART 2"
16. "HEALTHCARE COMPLIANCE"
17. "INSURANCE CODING"
18. "MIGRAINE HEADACHES"
19. "PASSIVE CARE MODALITIES PART 1"
20. "PASSIVE CARE MODALITIES PART 2"
21. "POST TRAUMA HEADACHES"
22. "PROFESSIONAL BOUNDARIES"
23. "RADICULOPATHY: PATIENT ASSESSMENT"
24. "SEXUAL BOUNDARIES"

25. "SPINAL DECOMPRESSION"
26. "SPINAL PAIN SYNDROMES"
27. "TENSION TYPE HEADACHES"
28. "THE NEUROLOGY OF PAIN"
29. "TRIGGER POINT THERAPY"
30. "UNDERSTANDING WHIPLASH PART 1"
31. "UNDERSTANDING WHIPLASH PART 2"

**DC Online** offers the following ONLINE courses until December 2018. For information contact Karen Moreau at 1-712-260-2507 or click [DC Online](http://DCOnline)

1. "A CASE BASED APPROACH TO SOFT TISSUE INJURY"
2. "ACTIVE CARE FOR THE LUMBAR SPINE FOR THE HEALTHCARE PROVIDER"
3. "ALABAMA BOARD RULES AND REGULATIONS 2 HOURS"
4. "ALABAMA BOARD RULES AND REGULATIONS 4 HOURS"
5. "ASSESSMENT & MANAGEMENT OF THE HIP FOR THE HEALTHCARE PROVIDER"
6. "BLOODBORNE PATHOGENS AND UNIVERSAL PRECAUTIONS"
7. "CLINICAL INDICATIONS FOR PROBIOTICS: AN OVERVIEW"
8. "IMMUNIZATION: MAKING INFORMED CHOICES"
9. "PHYSICAL ASSESSMENT AND MANAGEMENT OF THE KNEE"
10. "PROFESSIONAL BOUNDARIES"
11. "RISK MANAGEMENT IN CHIROPRACTIC"
12. "SOFT TISSUE CARE IN CHIROPRACTIC"
13. "SPECIAL POPULATIONS IN CHIROPRACTIC: THE OSTEOPO-  
ROTIC PATIENT"

**National University** offers the following ONLINE course until February 2019. For information contact Jenna Glenn at 1-630-889-6622.

"CERTIFIED INTEGRATIVE HEALTH CARE PRACTITIONER-INTEGRATIVE GASTROENTEROLOGY"

**Palmer** offers the following ONLINE course until December 2018. For information contact Kati Sprotson at 1-563-884-5715.

1. "ACTIVATOR METHODS ONLINE: TRACK 1"

**Parker University** offers the following ONLINE courses. For information contact William Smith at 1-800 266-4723.

1. "BOUNDARIES WITH PATIENTS: CONFIDENTIALITY & SEXUAL MISCONDUCT"
2. "CARING FOR THE HIGH SCHOOL ATHLETE 2018"
3. "DOCUMENTING, CODING, AND RISK MANAGEMENT 2018"
4. "FAMILY CHIROPRACTIC CARE FIRST"
5. "FROM THE GROUND UP-GLOBAL POSTURAL PATTERNS OF THE HUMAN BODY"
6. "HOW SUBLUXATION AFFECTS THE IMMUNE - 2017"
7. "INTRO TO FUNCTIONAL TAPING"
8. "NUTRITION & SUBLAXATION COMPLEX"
9. "NUTRITION DURING THE 3 PHASES OF CHIROPRACTIC CARE 2018"
10. "NUTRITIONAL CONSIDERATIONS FOR PATIENTS WITH OS-  
TEOPOROSIS"

## Online Seminars Continued

11. "SUPPLEMENT CONSIDERATIONS FOR THE ATHLETE"
12. "THE LUMBAR MRI CLINICAL PRACTICE-SYSTEMATIC INTERPRETATION"
13. "THE MODERN DAY CHIROPRACTOR"
14. "THE NEUROLOGY OF THE STRESS RESPONSE 2018"
15. "THE POWER OF SELF HEALING—THE NEW SCIENCE OF CHIROPRACTIC PHILOSOPHY"
16. "TODAY'S IMAGING-WHAT IS NORMAL 2018"
17. "WHEN PHILOSOPHY & MEDICAL NECESSITY COLLIDE"

**Southern California University of Health Sciences** offers the following ONLINE course until December 2018. For information contact Yvonne Rabago at 1-562-902-9973..

1. "FUNCTIONAL DIAGNOSTIC MEDICINE TRAINING PROGRAM-MODULE 3"

**Sherman College** offers the following ONLINE courses until May 2018. For information contact Sarah Palon at 1-864-578-8770.

1. "CLINICAL NUTRITION"
2. "COMMUNICATION FOR EFFECTIVE HEALTHCARE"
3. "DIAGNOSTIC IMAGING REVIEW"
4. "ETHICS, BOUNDARIES, AND DOCUMENTATION"
5. "GERIATRIC CONSIDERATIONS IN HEALTHCARE"
6. "IN DEPTH DIAGNOSIS REVIEW"
7. "ORTHOPEDICS FOR PRACTICE & OUTCOME ASSESSMENTS"
8. "THERAPEUTIC EXERCISE & REHABILITATION OF INJURY"

**Texas Chiropractic College** offers the following ONLINE courses. For information contact Angelique Whittle at (800) 533-9822.

1. "ACCIDENT RECONSTRUCTION: CAUSALITY, BODILY INJURY, FORCE COEFFICIENTS, & EQUATION"
2. "IMPAIRMENT RATING: SPINE AND NERVOUS SYSTEM"

3. "INTERPROFESSIONAL HOSPITAL BASED SPINE CARE"
4. "MEDICAL-LEGAL-INSURANCE DOCUMENTATION"
5. "MILD TRAUMATIC BRAIN INJURY, TRAUMATIC BRAIN INJURY, CONCUSSION"
6. "MRI SPINE CREDENTIALING"
7. "MRI SPINE INTERPRETATION BASICS"
8. "ORTHOPEDIC TESTING"
9. "PATIENT INTAKE, HISTORY, AND EXAMINATION"
10. "PERSONAL INJURY BOOTCAMP"
11. "PRIMARY SPINE CARE"
12. "PRIMARY SPINE CARE II"
13. "SPINAL BIOMECHANICAL ENGINEERING"
14. "SPINAL TRAUMA PATHOLOGY"
15. "STROKE ANATOMY & EVALUATION FOR CHIROPRACTORS & MANUAL MEDICINE SPECIALISTS"
16. "THE NEUROLOGY OF CHIROPRACTIC CARE & LIGAMENT PATHOLOGY FROM TRAUMA-ONLINE"
17. "TRIAGING THE TRAUMA AND NON-TRAUMA PATIENTS"
18. "UTILIZING RESEARCH IN CLINICAL PRACTICE"

**University of Bridgeport College of Chiropractic** offers the following ONLINE course until October 2018. For information contact Paul Powers, DC at 1-860-463-9003.

1. "Acupuncture 400-461"

**University of Western States** offers the following ONLINE courses. For information contact Alisa Fairweather at 1-503-251-5719.

1. "ANCILLARY DIAGNOSTIC TESTING PROCEDURES"
2. "CHIROPRACTIC GUIDE TO SYMPTOMS AND DISEASE"
3. "CHIROPRACTIC SPORTS MEDICINE"
4. "CLINICAL POSTURE PRACTICE"
5. "CURRENT TRENDS IN CHIROPRACTIC PRACTICE AND TREATMENT"
6. "GERIATRIC HEALTH CARE"
7. "PAIN MANAGEMENT"
8. "PEDIATRIC HEALTH CARE"
9. "POSTURE & BALANCE ASSESSMENT, REHABILITATION & MOTOR CONTROL EXERCISE"
10. "SPORTS INJURIES"

### Presidential message Continued:

the process takes time and while we are trying to streamline, each Preceptor and extern should plan accordingly. We hope to see more doctors participate in this program as it can be a win for all parties involved, especially giving an extern "real life" clinical experience and experience in office operations. These changes must be made by rule amendment and the changes will be posted on the website and in the newsletter as we go through the process.

In closing I have asked our staff to include a picture and a short biography of themselves. We all are fortunate to have the dedication and expertise of Sheila, Amy, and Ashley. Their service to our profession is second to none. They certainly make the day to day operations of your Board go smoothly.

Cordially,  
Dr. Allan Lowman  
President ASBCE



## MEET OUR STAFF

### Sheila Bolton



Sheila has worked for the Board since 1995. Prior to joining our office she worked many years in banking. Aspects of her banking career involved Federal compliance and bank audits. Sheila is an Alabama Certified Public Manager II with over twenty two years of progressive, comprehensive experience in state government.

At the ASBCE Sheila works with all contract and in house staff, etc. to provide the highest level of customer service to the public and to our licensees and clinic permit holders, all while still following the boards charge to protect the citizens of Alabama. The ASBCE is proud to say that under her leadership the Board has had very few audit findings and no loss of property. Sheila continues to go above and beyond her job requirements and is a true asset to the Board.

Outside of ASBCE duties, Sheila is also the Treasurer and Keyboardist at her church where she has been an active member for over thirty seven years. She is married and has two adult children and two grandchildren with number three to be here in June 2018. Her hobbies include playing music, reading, and crafting, but most importantly, spending time with family and friends.

### Amy Deavers

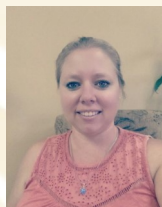


Amy began her career with the ASBCE in 2008. Prior to joining our office she worked in county government for ten years and in the real estate sector prior to that. Amy is an Alabama Certified Public Manager I.

Amy works closely with Alabama Interactive in the developing and maintaining of all online applications. Additionally, she produces the Boards quarterly newsletter and processes Board complaints. There are many other duties that Amy performs at our office and she works hard to help our licensees as much as legally possible. The Board is thankful and proud to have Amy and hopes she remains here for many years.

Amy is married and has two adult children and a new grandchild. She loves spending time with her family and traveling.

### Ashley Stewart



Ashley came to work for the board part time when Debra Darnell retired in 2015. She works with seminar applications, license applicants, purchasing and processes mail / email and does data entry for the Board office. Ashley is married and enjoys fishing, farm animals and going to the beach.

## Condolences

Dr. Jay Werthmuller graduated Logan Chiropractic College in 1992 and received his Alabama license in 1993. He lived in Florence, AL.

The Board and staff send condolences to the family and friends of Dr. Werthmuller.

# Upcoming Seminars

The Seminars listed below have been approved by the Alabama Board for CCE

**AcuPractice Seminars** presents the following course. For information contact James Ventresca at 802-456-0808.

"Trigger Point Acupuncture" 18 hours April 6-8 in Nashville, TN.

**Fetterman Events** presents the following courses. For information contact Kris Fetterman at 517-983-2060.

"Chiropractic Intervention for Neurological Decline" 12 hours June 14 in Mobile, AL"

"Current Pain Methods & Treatments" 12 hours June 2 in Tupelo, MS.

"Myofascial Disruption Technique" 12 hours May 12 in Gulfport, MS.

"Successful Shoulder Treatments to Avoid Surgery" 12 hours April 28 in Tupelo, MS, June 7 in Jackson, MS and June 16 in Gulfport, MS.

**Life University** presents the following courses. For information contact Kathy Stavovy-Bannister at 770-426-2753.

"CCEP-Module 1: Advanced Principles of TMJ, RIB, and Shoulder Girdle Adjusting" 12 hours April 7-8 in Marietta, GA.

"CCEP Module 2: Advanced Principles of Upper Extremity Adjusting" 15 hours April 5-6 in Marietta, GA.

"The Rubicon Group Conference" 13 hours May 17-20 in Marietta, GA.

**Logan University** presents the following course. For information contact Ralph Barrale, DC at 800-842-3234.

"Updated Imaging of Your Active Patient" April 7-8 in Tampa, FL.

**National University** presents the following course. For information contact Jenna Glenn at 630-889-6622.

"Advanced Autoimmunity Training Course" 8 hours April 21 in Pinellas Park, FL.

**Palmer** presents the following courses. For information contact Kati Sproston at 563-884-5715.

"Activator Methods Chiro Technique—Clinical Topics" 8 hours April 28 in Atlanta, GA.

"Activator Methods Chiro Technique— Fundamentals" 8 hours April 28 in Atlanta, GA

"Activator Methods Chiro Technique-Instrument Adjusting for the Extremities" 8 hours April 28 in Atlanta, GA.

**Southern California University of Health Sciences** presents the following courses. For information contact Yvonne Rabago at 562-902-3373.

"Whiplash Injury Biomechanics & Traumatology-Module 1" 12 hours April 7-8 in Atlanta, GA.

"Whiplash Injury Biomechanics & Traumatology-Module 2" 12 hours June 2-3 in Atlanta, GA.

**Sherman College of Chiropractic** presents the following courses. For information contact Jillian Kersh at 864-578-8770.

"Atlas Orthogonal Advanced Seminar" 12 hours May 19-20 in Atlanta, GA.

"Network Spinal Transform Care" 20 hours April 13-15 in Marietta, GA.

**University of Bridgeport College of Chiropractic** presents the following courses. For information contact Eileen Herlihy-Santiago at 203-576-4880.

"Functional Endocrinology: Connecting New Research with Practical Applications" 14 hours May 19-20 in Atlanta, GA, June 9-10 in Orlando, FL and June 23-24 in Jacksonville, FL.

"The Development and Aging of the Brain" 6 hours June 23 in Ft. Myers, FL.

"The Gluten, Leaky Gut, Autoimmune Connection" 7 hours May 19 in Boca Raton, FL.

\*\*\*\*\* FYI if you attend a seminar the last 5 days in September such as Life's Fall CE seminar you will not be able to submit the CCE verification to the Board in time to avoid the October late fee because the paper work deadline is 9/27/18.

## Thank You for Your Positive Comments

\*Thanks again for the direction today and the great attitude!

\*The new seminar search is a wonderful feature. I found it to be an ultra efficient way to easily solidify my continuing education plans.

\*Thank you so much, you have really helped me so many times as I've transitioned to this state, I can't thank you enough. Is there a site I can write a review on you because you have truly been a blessing.

## Updates To the Website

We are continually looking for ways to update and improve the online features on our website. Below are some of the changes currently in process or recently completed.

- Check Continuing Education Hours Online **\*\*NOW AVAILABLE\*\*** This application is used to check the number of required continuing education hours the Board currently has on file for the upcoming renewal renewal. If you have submitted hours not currently reflected here please contact the Board Office.

Click the following link to try it out -[Check Continuing Education Hours on File](#)

- Approved Seminar Search **\*\*NOW AVAILABLE\*\*** This can be used to search ALL seminars currently approved for use to satisfy the 18 continuing education hours required for renewal. We hope this will make it much easier for you to find a seminar. Please ensure any seminar you plan to take has been approved if you wish to use toward your hours required for renewal. If you can't locate the seminar in the search please contact the provider and ask if they have a 6 digit approval code from the Board. Seminars are not retroactively approved.

Click the following link to try it out -[Seminar Search](#)

- Upload your photo in the Reinstatement Application. **\*\*NOW AVAILABLE\*\*** If your license is not current and you wish to reinstate it you will now be required to upload a current photo while completing the online Reinstatement Application.
- Extern Application **\*IN PROCESSS\*** Extern applicants will be able to complete the initial application online. Currently this application is required to be mailed to the Board office.

## Disciplinary Actions

**Wade Clingan, DC** (Prattville, AL) License # 1948 - Board order entered placing license on suspension for 5 years with immediate reversion to probation based on compliance with terms in Consent Order. Assessing \$500.00 in costs and \$2,500.00 in fines.

## Complaints Received

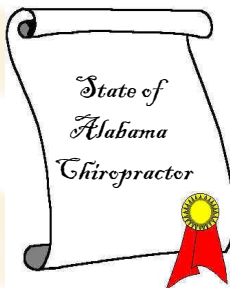
The Board has received eight (8) complaints to date this fiscal year. One (1) of these has been closed with no action, six (6) remain pending.

## Reminder

While your office staff can do some incidental procedures you need to check your contracts with the federal government to be sure it does not require you, the licensee, to do those. Example-- urine test / hearing test / eye test for DOT physicals. Some contracts require this and it could be reason for them to request a refund and they could possibly report you to the Board for fraudulent billing.

### BOARD QUARTERLY PERFORMANCE REPORT

Applications Sent	13
Transcripts Processed	40
New License Issued	11
License Verifications	425
Complaints Received	4
Disciplinary Hearings	2
Outgoing Correspondence	1993
Continuing Education Reviewed	86



### *Congratulations to those licensed since January 2018*

NAME	OFFICE CITY	STATE	OFFICE PHONE	E MAIL
Benediktsdottir, Helena DC	Birmingham	AL	(205) 803-1234	<a href="mailto:helenaben88@gmail.com">helenaben88@gmail.com</a>
Hallingquest, Keith Michael DC	Trussville	AL	( ) - 0	
Knorr, Raymond John DC	Birmingham	AL	(205) 803-1234	
Nosser, Thomas M DC	Shreveport	LA	(318) 868-6508	
Pitts, Miracle Monique DC	Trussville	AL	( ) - 0	
Townsend, Joseph Allen DC	Auburn	AL	(334) 246-2252	<a href="mailto:jtowns124@gmail.com">jtowns124@gmail.com</a>



**DATES TO CALENDAR  
Board meetings:**

**April 6, 2018**

**May 4, 2018**

**June 9, 2018**

**Clanton Board Office**

**2018 State Holidays**

**The Board Office will be closed on the following:**

**Confederate Memorial Day                      April 23**

**National Memorial Day                      May 28**

**Jefferson Davis' Birthday                      June 4**

***OUR MISSION***

***To regulate and license doctors of chiropractic in order to protect the people of Alabama.***

***OUR VISION***

***To ensure the people of Alabama will receive professional, ethical and quality care in utilizing chiropractic services to maximize health benefits.***

***OUR VALUES***

***Excellence, integrity, communication and ethics.***

**Board Members**

**Gregory "Greg" A. Kuhlmann , DC, Member District 1**

**John D. Neill, DC, Member District 2**

**Brian Wells, DC, Member District 3**

**Rodney K. "Kevin" Palmer, DC, Preceptor Director, Member District 4**

**Travis A. "Allan" Lowman, DC, President District 5**

**Peter J. DeFranco, DC, District 6**

**Peter E. Keen, DC , Secretary / Treasurer, District 7**

**Toya T. Burton, Vice – President, African American Member**

**Allen Sanderson, Consumer Member**

**ASBCE**

**126 Chilton Place  
Clanton, AL 35045**

**Sheila Bolton  
Executive Director**

**Administrative Assistants  
Amy Deavers (ext. 226)**

**Ashley Stewart (ext. 221)**

**James Ward Board Attorney  
Wellness Hotline (ext. 223)**

**Phone  
(800) 949-5838  
(205) 755-8000**

**Fax (205) 755-0081**

**E-mails**

**[sheila.bolton@chiro.alabama.gov](mailto:sheila.bolton@chiro.alabama.gov)  
[ashley.stewart@chiro.alabama.gov](mailto:ashley.stewart@chiro.alabama.gov)  
[amy.deavers@chiro.alabama.gov](mailto:amy.deavers@chiro.alabama.gov)**